

Life Quest...making a life, not just a living.

21 Things You *Should* Say About Yourself

The most powerful words that are ever spoken are the ones we speak out of our own mouths about our own lives. We are either constructing or destructing the life we want to achieve. Below is a list of 21 Things You Should Always Say About Yourself.

Do you want to experience a more successful personal and professional life? Let me suggest you do something radical. For at least the next 60 days speak these words out loud about you and your life. I know if you do this, you will feel and experience more success in your personal and professional life.

- *I do whatever it takes to get the job done.*
- *Setting goals IS important.*
- *I can!*
- *Life is full of opportunities.*
- *It may be hard, but it is always worth it.*
- *I always have choices.*
- *I AM _____ enough. (Talented, gifted, funny, friendly, etc.)*
- *I need the help of others to succeed.*
- *It is best to be who I really am.*
- *I am good at everything.*
- *Who I spend time with IS important.*
- *I care.*
- *I always exercise self-control.*
- *I am the only one who can control my attitude.*
- *I can always control my actions.*
- *I am a leader, therefore I am a reader.*
- *I give myself permission to fail.*
- *I will never give up.*
- *Everything is possible and I can do it!*
- *Work is a gift.*
- *Luck has nothing to do with my success.*

Your Best Is Yet To Come!

Don Roulo